

## Depressive Disorder

### Did you know?

#### **Depression and Major Depression code to Depression, Unspecified**

There are three things that need to be documented to appropriately capture the severity of illness of your patients who suffer from depression:

##### **1. Episode**

- Single
- Recurrent

##### **2. Activity**

- Not in remission
- Partial remission
- Full remission

##### **3. If not in remission, please document the **Severity****

- Mild
- Moderate
- Severe
  - If severe, please document any complications
    - With psychotic features
    - Without psychotic features

#### **Good documentation examples:**

- “Major depression, recurrent, in remission”
- “Moderate recurrent major depression”
- “Major depression, single severe episode with psychotic features”

**\*Note:** Assumed not to be in remission if severity of episode graded

NOT SICK	SICK (CC)	VERY SICK (MCC)
Depression	<b>Major depressive disorder</b> single episode mild, moderate, severe, with/without psychotic features/symptoms	
Depressive disorder	<b>Major depressive disorder</b> recurrent mild, moderate, severe, with/without psychotic features/symptoms	
Major depression	<b>Major depressive disorder</b> Recurrent in remission, unspecified	
Chronic depression	Other recurrent depressive disorders	