

Anemia

Always document the type of “anemia” as a separate problem from its cause.

1. Acute Blood Loss Anemias:

- If a patient is anemic after an MVA, GSW, GI Bleed, Epistaxis, Laceration, Hematoma, Hematuria, Abnormal Uterine Bleeding, etc., that anemia is **due to acute blood loss** and should be documented **as a separate problem** from what caused it
 - Ex: Prob #1 – GI Bleed due to diverticulosis
 - Prob #2 – Acute Blood Loss Anemia due to GI Bleed
 - Ex: Prob #1 – Retroperitoneal Bleed due to warfarin
 - Prob #2 – Acute Blood Loss Anemia due to Retroperitoneal Bleed
- A transfusion is **not** required to make this diagnosis.

2. Chronic Anemias:

- Should always have the cause documented if known
- Please document a likely cause as opposed to a pathological description

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| Clinical language that does NOT support your patients’ severity of illness | Highly effective terminology that accurately reflects your patients’ acuity |
| Hypochromic, microcytic anemia | Iron deficiency anemia |

- Don’t forget that “possible, probable, likely, suspected” is acceptable until you determine the etiology through your clinical work-up.